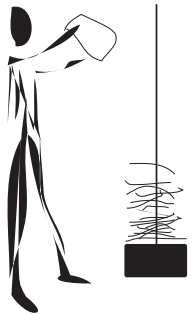
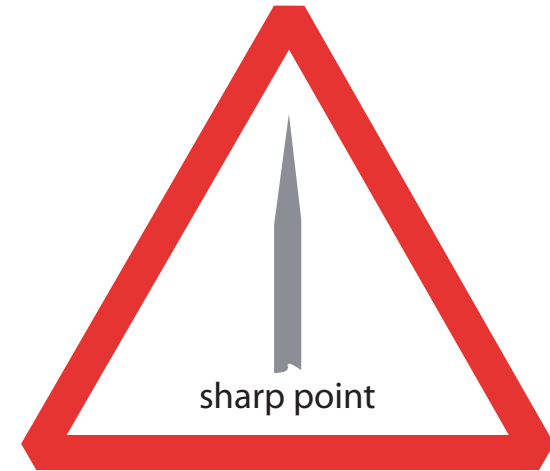


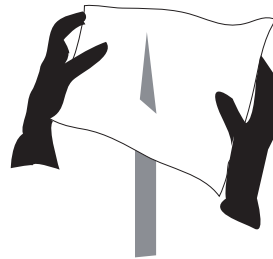
# SPIKE IT - Guidance notes

For the safety of yourself and others please follow this advice

- \* although your imagination may run wild please only SPIKE paper.
- \* a few sheets can be 'spiked' at the same time.
- \* face the spike when spiking
- \* always stand in a stable position when spiking
- \* only one person operate SPIKE at a time.



always stand  
in a stable  
position



hold the paper with two hands

only one  
person  
to operate  
spike  
at a time.



do NOT stand  
on a chair to SPIKE



do NOT push  
or move 'SPIKE'



do NOT  
SPIKE people

## Please note

**SPIKE IT** is located in your office for your SPIKING enjoyment and to visualize quantity of paper waste.

[www.spikeit.org.uk](http://www.spikeit.org.uk)

