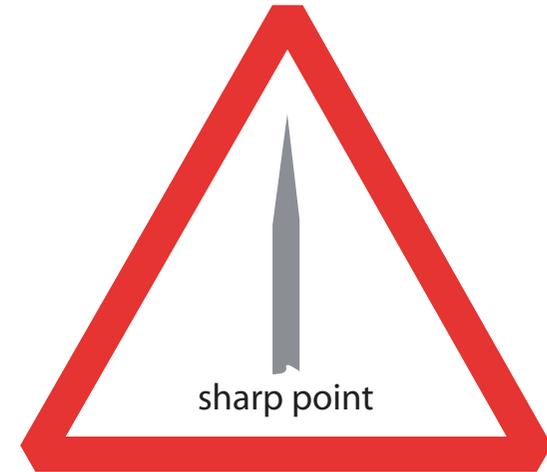


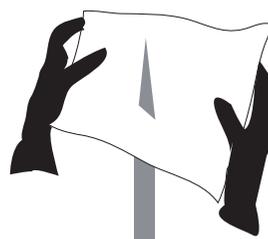
SPIKE IT - Guidance notes

For the safety of yourself and others please follow this advice

- * although your imagination may run wild please only SPIKE paper.
- * a few sheets can be 'spiked' at the same time.
- * face the spike when spiking
- * always stand in a stable position when spiking
- * only one person operate SPIKE at a time.



always stand in a stable position



hold the paper with two hands

only one person to operate spike at a time.



do NOT stand on a chair to SPIKE



do NOT push or move 'SPIKE'



do NOT SPIKE people

Please note

SPIKE IT is located in your office for your SPIKING enjoyment and to visualize quantity of paper waste.

www.spikeit.org.uk

